

TO HAVE AND TO HOLD, TO NIP AND TO TUCK

MANY WOMEN RECOIL IN HORROR AT THE THOUGHT OF ALLOWING THEIR HUSBANDS TO CHOOSE A NEW ITEM FOR THEIR WARDROBE. YET SOME TRUST THEM TO MAKE MUCH MORE PERMANENT CHANGES TO THEIR APPEARANCE. EMIRATES WOMAN MEETS THE WIVES OF FIVE SURGEONS...

WRITTEN BY SARAH GARDEN



NAME: ANNA CRAFT
HUSBAND: DR PHILLIP CRAFT, PLASTIC SURGEON AT THE MIAMI INSTITUTE, MIAMI, MIAMI-INSTITUTE.COM
PROCEDURES: BREAST IMPLANTS, LIPOSUCTION, BUTTOCKS AUGMENTATION, LIP ENHANCEMENT, CHEEKBONE ENHANCEMENT
AGE: EARLY 40S



BEFORE



"LOOKING NATURAL DOESN'T ALWAYS MEAN BEING NATURAL"

"I definitely represent my husband's work. I believe that if he has to look at me every day, then he'll be sure that I represent his vision of beauty."

"Injectables are my secret to keeping my face looking its best. I have deep furrow lines from an overactive brow muscle, and Botox has done a tremendous job in smoothing it out. As we age we also lose volume in certain areas in the face. I occasionally fill where

needed – but overfilling can be disastrous. Like anything in life, one can take things too far. If you're obsessive about certain things, then plastic surgery can become addictive.

"In my opinion, looking natural doesn't always mean being natural. A really talented cosmetic surgeon can achieve natural looking beauty by using enhancements. We all strive to look and feel our best and if it takes cosmetic surgery, then

that's what it's for!

"I didn't consider invasive surgery until I had children. I was always full-busted prior to breastfeeding and I wanted to get back my original look. Breast enhancement did just that, and honestly, they look even better than before! I also had liposuction for the stubborn pregnancy fat around my midsection. He even sculpted my abdomen to look like a true six-pack instead of

just a one-pack!

"I am totally open to self-improvement and welcome it; whether it be braces, ear-pinning, rhinoplasty, or anything else. We only live once and we should all have a chance to be happy in our own skin. I have no plans for more surgery at this time. There's a point where the plastic surgeon's talents can do no improvement; the rest is how you take care of yourself."

BEFORE



"I always tell people: 'If you want to know how good the surgeon is, look at their wife.' She usually represents the surgeon's best work. I think some people research running shoes more than they research the person who's going to cut them open."

"When I met my husband, Brent, I'd never had cosmetic surgery. After a few weeks of dating, the inevitable question came. 'So what would you do to me?' I asked. He didn't think I needed anything done, but said that I could have some injectables."

"I only started looking into major surgery after I had two babies. Due to the strain pregnancy took on my body, I'd be lying in bed and my stomach would be lying beside me. Brent did a fantastic job with my tummy tuck and enabled me to start dressing with confidence instead of covering up."

"Later, I had a boob job and a mini-facelift – basically the full 'mummy-makeover'. I feel that the changes I've had have been subtle though, as Brent is always saying: 'No! I'm not doing that!' Without him I'd probably look like Catwoman. Around 90 per cent of the time he won't do what I ask, which makes going through



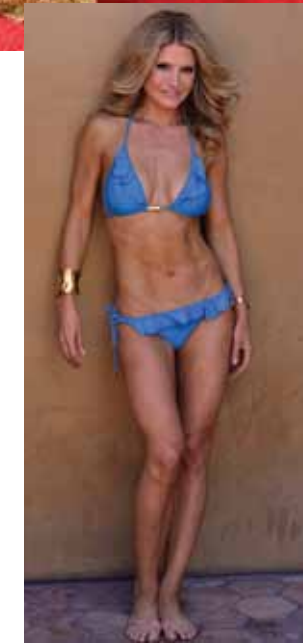
NAME: DAYNA DEVON
HUSBAND: DR BRENT MOELLEKEN, MANAGING DIRECTOR OF MOELLEKEN SURGERY, BEVERLY HILLS, DRBRENT.COM
PROCEDURES: INJECTABLES, FACE-LIFT, TUMMY TUCK AND BREAST IMPLANTS
AGE: EARLY 40S



"I'D BE LYING IN BED AND MY STOMACH WOULD BE LYING BESIDE ME"

with surgery a lengthy process.

"Do I think I would have this much surgery if I lived in Illinois and wasn't married to a surgeon? Probably not. But none of this makes sense anywhere other than where I live, [Hollywood]. Youth is a



commodity. If you can look a little bit better for a little bit longer, you can prolong your career."

"Being a surgeon's wife in Hollywood is crazy – you wouldn't believe the things I see. We'll go to dinner parties and women will ask Brent for an on-the-spot consultation – they'll actually go into the bathroom and lift up their tops! People trust his advice, as he has a perfect surgery record. I always urge people to do as much research as possible into their surgeon, and always remember the most important rule of surgery – you only have one face." ▶



BEFORE

AFTER



BEFORE

AFTER



NAME: CELIA SHAFER
HUSBAND: DR DAVID SHAFER, PLASTIC SURGEON AT DR SHAFER PLASTIC SURGEON, NEW YORK, SHAFERPLASTICSURGERY.COM AND VISITING SURGEON TO VIPS AND ROYALTY IN THE MIDDLE EAST
PROCEDURES: INJECTABLES, FILLERS, EYELID LIFT AND LIPOSUCTION IN MULTIPLE AREAS
AGE: EARLY 40S



"I'VE BEEN A BOTOX LOYALIST SINCE MY EARLY THIRTIES"

“When you’re associated with the aesthetics field, your desire to look your best is more obvious. I make efforts, but I wouldn’t describe it as a preoccupation. As for pressure to look good – neither David nor I fall into any dated plastic surgery stereotypes.

“I know that self-esteem must be nurtured from the inside out, but, as we are visual beings, it’s normal to have concerns about your appearance. I think that addressing those concerns can be liberating – it certainly is for me.

“I’ve been a Botox-loyalist since my early thirties, before I met my husband, David. It wasn’t until we got together that I had my first invasive procedure – liposuction on my abdomen. A combination of too many good meals and a slowing metabolism meant that I was slightly rounded. The results were fantastic and, after seeing me in a bathing suit, some of my girlfriends followed in my footsteps and had it done too!

“More recently, I started a new job and wanted to arrive

looking refreshed. David performed a blepharoplasty (eyelid lift) as I had sagging skin and had developed a small sack under my eyes. At the same time, he did a little neck liposuction to define my jaw line. I feel that the results are subtle enough to leave me feeling rejuvenated but not overdone.

“When I ask David for a cosmetic procedure, he treats me the same way as any other patient. We get to the root of the concern, discuss the desired outcome, assess what may be achievable, and then talk about possibilities. Occasionally he just says ‘no’ outright. Once I asked him to plump my lips, but he thought the proportions of my natural lips suited my face, and inflated lips would scream, ‘I get work done!’

“Not all women are born with a symmetric face or breasts, and surgery can really help. Also, pregnancy and breast-feeding can be particularly hard on a woman’s physique. I’m certainly open to more procedures as I get older as, when done properly, the results are wonderful!” ➤

NAME: HILARY PERCIVAL
HUSBAND: NICK PERCIVAL, CONSULTANT COSMETIC SURGEON AT COSMETIC SURGERY PARTNERS, LONDON, COSMETICSURGERY-PARTNERS.CO.UK
PROCEDURES: INJECTABLES AND FILLERS
AGE: MID-50S



BEFORE

I don't feel under pressure to look perfect because of my husband's job. I think it's an American thing to have the 'trophy wife' and sometimes when we go to international meetings I see some horrendous sights – I can't see how it could be beneficial to the surgeon's practice.

"I always recall going to a plastic surgery meeting in Greece and my youngest son asked what had happened to the wife of a prominent American plastic surgeon. He thought she had been involved in some terrible accident rather than having had numerous cosmetic procedures!

"I've been blessed with 'good genes' and have always taken a lot of care with my appearance. My reason for considering a procedure is to give me a little help to reverse the effects of ageing. I started having fillers and Botox about 10 years ago to soften facial lines and to add a little volume to my lips. So far none of my friends have ever noticed what has been done but I often get



comments after a treatment to say I look well so I think it's worth it.

"Before I met my husband I had a fairly typical view of cosmetic surgery – that it was for vain people or old women with more money than sense.

Now I have a better insight into the benefits, if done for the right reasons. I'm considering having my eyes done in the future, as that's the area of the face we interact with most. I think it is the best 'value for money' cosmetic surgery procedure." ►

"I THINK IT'S AN AMERICAN THING TO HAVE A 'TROPHY WIFE'"



NAME: RINA PAUN
HUSBAND: DR. SANTDEEP PAUN, MEDICAL DIRECTOR OF SYMMETRY CLINIC, LONDON, SYMMETRYCLINIC.COM AND VISITING SURGEON WHO HAS BEEN INVITED BY THE MINISTRY OF HEALTH TO PRACTICE IN THE UAE
PROCEDURES: NONE
AGE: LATE 40S



“BEFORE I MET MY HUSBAND, I USED TO THINK SURGERY WAS FOR THE VAIN AND INSECURE”

I’m not opposed to surgery. I’ve seen how it can transform lives, but it’s not for me. The most important thing about my appearance is that I have healthy, glowing skin and I invest a lot of time in caring for it, with the help of my husband, Santdeep’s, knowledge.

“I have to admit that the main reason I don’t touch injectables is that I’m terrified of needles. I once took a friend to Santdeep’s clinic as she wanted Botox. I almost fainted just watching, so I don’t think I’d be an ideal patient. I even avoid looking at any industry presentations he prepares.

“Before I met my husband, I used to think cosmetic surgery was for the vain and insecure, but now I see that it’s not as

simple as that. People turn to surgery with concerns, injuries and deformities. Many of Santdeep’s patients tell me that surgery has boosted their confidence and outlook on life. I respect Santdeep’s attitude to surgery, and I know he struggles with the ethical side of things – like the flamboyant and underground nature of some surgeons.

“If my children wanted surgery, as with any parent, I’d have concerns, but it’s an advantage that my husband is around to offer advice. I’d discuss it with them, make sure they’d done their research and had solid reasons. The same should go for every person considering a cosmetic procedure.” ■

