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More Men Are Discovering Cosmetic Surgery

Liposuction, eyelid lifts and nose jobs are popular procedures, experts say

By Kathleen Doheny
HealthDay Reporter

Stigma or not, Moelleken wishes men would become better educated about cosmetic procedures and come in sooner, before the sagging skin and droopy eyelids get too severe. He notices that most men follow his post-op recuperation instructions -- such as resting and limiting physical activity -- well.

But Olding doesn't see a difference in compliance between men and women in following his orders after surgery. "It's more person-specific," he said. "It's not a gender thing."

Experts advise men and women considering cosmetic surgery to consult with several doctors, to check to see if they are board certified, and to get an accurate idea of exactly what the doctor can and can't do to improve their appearance.

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For more on men and cosmetic surgery, visit the American Society of Plastic Surgeons (www.plasticsurgery.org).

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