

Celebrities Are Flat-Stomached Liars

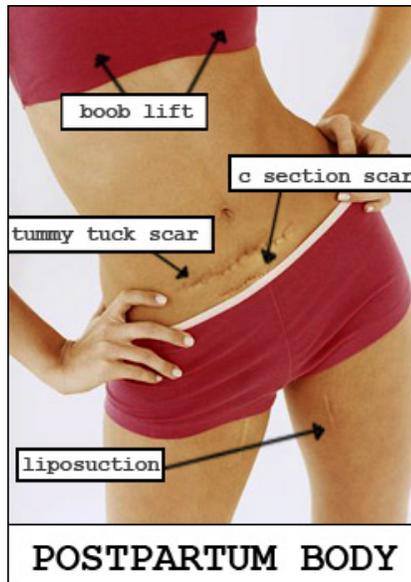
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Stars claim it's exercise and diet, but we know the truth. Celebs go under the knife for their perfect postpartum bods.

Is it just us, or does it seem like a celebrity's perfect postpartum body is one more aspect of an unjust universe? While the rest of us get to lament about stretch marks, droopy breasts, and those last 10 pounds that won't seem to go away, celebrity Moms seemingly emerge from the birthing process rail-thin, perky-breasted, and stretch-mark-free. Grr!

To add insult to injury, many celebs publicly attribute their fabulous post-baby bodies to good old diet and exercise. "The pounds just fell off!" they exclaim with a smile and a shrug. Oh, really? Then why didn't they just "fall off" us?

Sorry, but we're just not buying it. So when we started hearing whispers about celebs packaging plastic surgery with their scheduled C-sections, we didn't completely dismiss the rumors. How else could someone achieve six-pack abs less than six weeks after giving birth to a six-pound baby?



However, Beverly Hills plastic surgeon Dr. Brent Moelleken, friend of Mom•Logic and a new dad, denies the existence of such a trend. "A C-section is a similar trauma to having a car accident and losing a lot of blood," says Dr. Moelleken. "Responsible plastic surgeons will not perform a tummy tuck and a C-section at the same time. When we do a tummy tuck, we are operating on a different part of the stomach than the OB/GYN is, and we don't want to open up those new locations or overload the patient with too much surgery." But six months postpartum, all bets are off. Dr. Moelleken says that's when he often performs breast lifts, lipo, and hybrid tummy tucks on his healthy Mom patients.